

**SANTA CRUZ SWIMMING**  
**PACIFIC SWIMMING Z1S SHORT COURSE C/B/A+ MEET**  
**MAY 2-3, 2015**

Enter Online: <http://ome.swimconnection.com/PC/CRUZ20150502>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **15-064**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://results.teamunify.com/scaa/index.html>**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**  
**Meet Referee:** Mike Piccardo    **Head Starter:** Cliff Reyda  
**Meet Marshal:** Virginia Leal    **Admin Official:** Brett Shaug  
**Meet Director:** Bill Norris; [cruz.meetdirector@gmail.com](mailto:cruz.meetdirector@gmail.com), 650-303-2921

**LOCATION:** University of California Santa Cruz OPERS Complex (Main Pool), 420 Hagar Drive, Santa Cruz, CA

**DIRECTIONS:** From the Bay Area take US 280 or CA 101 to US 880 to CA Hwy 17 south. Take Hwy 17 south to Santa Cruz, take the Highway 1 North exit (which turns into Mission St.) to Bay Street. Turn right on Bay which will take you to the base of campus (Bay & High streets). Enter the university at the Main entrance at Bay and High streets (1156 High Street). Turn left at Hagar Road. Park at the East Remote Parking Lot near the pool complex. The pool is about a 5 minute walk up the hill.

**COURSE:** Outdoor pool with up to 10 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 8 feet at the start end and 8 feet at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Meet will begin at **9 AM** each day with warm-ups from **7:30 to 8:45 AM** each day. Warmup lanes for 8 and under swimmers will be offered and allocated by deck officials.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Swimmers may compete in a maximum of **3** events per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- This meet is capped at 450 entries.
- All 25 yard events will start at the north end of the pool without starting blocks while timers remain in place at the south side of the pool.
- Swimmers must provide their own timers for the 400 I.M., timers and lap counters for the 500 and 1000 Freestyle events.

**ATTENTION HIGH SCHOOL SWIMMERS (February through May):** If you are a high school swimmer in season, you need to be Unattached from this meet. It is the swimmers responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to swimmers swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- For safety and accessibility reasons the pool deck and OPERS lobby must be cleared of non-coach tents and chairs.
- PLEASE DO NOT BRING YOUR DOGS TO THIS MEET. No animals are allowed in any area of the meet venue (which includes the parking lots) except service animals wearing a service animal vest and actually working to assist a disabled person. Even service animals who are not behaving properly (barking, jumping and the like) will be asked to leave the meet venue. UCSC does not allow dogs on campus and will issue citations if a dog (or other animal) is left in a car in a UCSC parking lot.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be accepted (please note the following exceptions)
  - **USA-S 10 & under B-time required for the following events. All entry times will be verified against a database. Swimmers with times not meeting the requirement will be scratched unless the swimmer's coach provides a coach verified time to the meet director by 11:59 PM April 22, 2015.**
    - #3 & #4 (12 & Under 200 Free)
    - #35 & #36 (12 & Under 500 Free) – maximum 30 entries
    - #65 & #66 (12 and Under 200 IM)
  - **USA-S 11/12 B-time required for the following events. All entry times will be verified against a database. Swimmers with times not meeting the requirement will be scratched unless the swimmer's coach provides a coach verified time to the meet director by 11:59 PM April 22, 2015.**
    - #13 & #14 (11/12 200 Breast)
    - #31 & #32 (11/12 400 I.M.)
    - #51 & #52 (11/12 200 Back)
    - #59 & #60 (11/12 200 Fly)

- #69 & #70 (11 and Up 1000 Free)
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY PRIORITY:** Zone 1 South (Z1S) and SON (Sonoma Sea Dragons) entries postmarked by **Monday, April 13, 2015** or entered online by 11:59 p.m. **Monday, April 13, 2015** will be given priority acceptance. All entries from Zone 1 South, all other Pacific LSC zones, and other LSC's either postmarked by **Monday, April 20, 2015**, entered online by 11:59 p.m. **Wednesday, April 22, 2015** or hand delivered by 5:00 p.m. **Wednesday, April 22 2015** will be considered in the order that they were received or until meet cap is reached.

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

**ONLINE ENTRIES:** To enter on-line go to <http://ome.swimconnection.com/PC/CRUZ20150502> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, **April 22, 2015.**

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, April 20, 2015 or hand delivered by 5:00 p.m. Wednesday, **April 22, 2015.** No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: Santa Cruz County Aquatics**

**Mail entries to: Bill Norris  
Swim Meet Entries  
P.O. Box 1616  
Soquel, CA 95073**

**Hand deliver entries to:**

**Bill Norris  
Leave at Front Desk of Business  
345 Encinal Street  
Santa Cruz, CA 95073**

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any swimmers not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

**AWARDS:** Awards will be given to top 8 finishers in the following age groups in each division (C, B, A): 8&u, 9-10, 11-12, 13-14, 15-16 and 17-18 age groups. "A" medals will be awarded to swimmers achieving a new USA-S "A" time regardless of place achieved in event. No awards will be given to swimmers age 19 years or older. All Individual awards must be picked up at the meet. No awards will be mailed or distributed after the meet.

**ADMISSION:** Free. A program will be available for a reasonable fee.

**REFRESHMENTS:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours. **Clubs are requested to provide Stroke and Turn, or Deck officials. Timing lane assignments will also be required based on total entries by club.**

**EVENT SUMMARY**

Saturday May 2, 2015				Sunday May 3, 2015			
8 & UN	9-10	11-12	13 and Over	8 & UN	9-10	11-12	13 and Over
200 Free	200 Free	200 Free	500 Free	500 Free	500 Free	500 Free	200 Free
25 Free	100 IM	100 IM	200 Breast	50 Free	100 Breast	100 Breast	100 Breast
100 IM	50 Breast	50 Breast	100 Back	100 Breast	50 Back	50 Back	200 Back
50 Breast	100 Back	200 Breast	100 fly	25 Breast	50 Fly	200 Back	200 Fly
100 Back	100 Fly	100 Back	100 Free	50 Back	100 Free	50 fly	50 Free
25 Back	50 Free	100 Fly	400 IM	25 Back	200 IM	200 Fly	200 IM
100 Fly		50 Free		50 Fly		100 Free	1000 Free
25 Fly		400 IM		100 Free		200 IM	
50 Free						1000 Free	

**EVENTS**

Saturday May 2, 2015				
Warm-up 7:30-8:45				
Girls EVENT #	Time Standard	EVENT	Time Standard	Boys EVENT #
1	NT	13 & Up 500 Free	NT	2
3	3:20.19	12 & Under 200 Free*	3:09.09	4
5	NT	8 & Under 25 Free	NT	6
7	NT	12 & Under 100 I.M.	NT	8
9	NT	13 & Up 200 Breast	NT	10
11	NT	12 & Under 50 Breast	NT	12
13	3:25.79	11/12 200 Breast *	3:17.69	14
15	NT	13 & up 100 Back	NT	16
17	NT	12 & Under 100 Back	NT	18
19	NT	8 & Under 25 Back	NT	20
21	NT	13 & Up 100 Fly	NT	22
23	NT	12 & Under 100 Fly	NT	24
25	NT	8 & Under 25 Fly	NT	26
27	NT	13 & Up 100 Free	NT	28
29	NT	12 & Under 50 Free	NT	30
31	6:28.59	11/12 400 IM *	6:20.09	32
33	NT	13 & Up 400 IM	NT	34

Sunday May 3, 2015				
Warm-up 7:30-8:45				
Girls EVENT #	Time Standard	EVENT	Time Standard	Boys EVENT #
35	8:30.49	12 & Under 500 Free *	8:22.79	36
37	NT	13 & Up 200 Free	NT	38
39	NT	8 & Under 50 Free	NT	40
41	NT	13 & Up 100 Breast	NT	42
43	NT	12 & Under 100 Breast	NT	44
45	NT	8 & Under 25 Breast	NT	46
47	NT	13 & Up 200 Back	NT	48
49	NT	12 & Under 50 Back	NT	50
51	2:59.49	11/12 200 Back *	2:55.29	52
53	NT	8 & Under 25 Back	NT	54
55	NT	13 & Up 200 Fly	NT	56
57	NT	12 & Under 50 Fly	NT	58
59	3:02.39	11/12 200 Fly *	2:58.09	60
61	NT	12 & Under 100 Free	NT	62
63	NT	13 & Up 50 Free	NT	64
65	3:40.39	12 and Under 200 IM*	3:38.89	66
67	NT	13 & Up 200 IM	NT	68
69	14:48.09	11 & up 1000 Free *	14:33.89	70

- Time standard required for each event noted in table above, see Eligibility section for details. Standards set according to USA Swimming 'B' time standard of youngest age group permitted in event. Times will be verified. Entries that do not meet time standard requirement will be scratched. Refunds or alternative races will not be offered.
- All 25 yard events will start at the north end of the pool without starting blocks while timers remain in place at the south side of the pool.
- 400 IM and 1000 Free are effectively open events and not subject to the 4 hour rule.

Pacific Swimming – Hosted by Santa Cruz Swimming PACIFIC SWIMMING Short Course C/B/A+ Meet May 2-3, 2015 Consolidated Entry Form													
Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke						Entry Time			Circle one			
							: .			SCY / LCM			
							: .			SCY / LCM			
							: .			SCY / LCM			
							: .			SCY / LCM			
							: .			SCY / LCM			
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							: .			SCY / LCM			
							: .			SCY / LCM			
# of entries _____ x \$4.00 = \$ _____ Participation Fee       \$ 8.00 Total                       \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						