

Mendocino Coast Sea Dragons Swim Team
"Thankswimming Classic"
Pacific Swimming Short Course C/B/A+ Swim Meet
November 16th & 17th, 2013

Enter Online: <http://ome.swimconnection.com/pc/mcsd20131116>



**PACIFIC
SWIMMING**

SANCTION: Held under USA Pacific Swimming Sanction No. **13-151**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO & VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the meet referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the meet referee or his/her designee.

OFFICIALS:

- Meet Referee:** *Peggy Ramirez*
- Administrative Referee:** *Debbie Tucker*
- Head Starter:** *Chuck Johnson*
- Meet Marshal:** *Paula Fowler*
- Meet Director:** *Derek Hutchinson dhutchin22@gmail.com phone: 707 964-5045*

LOCATION: C.V. Starr Community Center and Sigrid and Harry Spath Aquatics Facility; 300 S. Lincoln Street, Fort Bragg, CA 95437. **Directions from the South:** Drive north on Hwy 1/Main Street into Fort Bragg. Turn Right on Chestnut St. Turn left on Lincoln; C.V. Starr will be on your right after passing Redwood Elementary School. **From the North:** Drive south on Hwy 1/Main St. into Fort Bragg. Turn Left on Chestnut St. Turn left on Lincoln, C.V. Starr Center will be on your right after passing Redwood Elementary School.

COURSE: 25 yard, 8 lane indoor pool, with separate pool for warm-up during competition. The minimum water depth, measured in accordance with Article 103.2.3, is 6'0" at the start end and 4' 0" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet begins at 9 AM each day, warm-ups from 7:30 to 8:45 AM each day.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Swimmers may compete in 4 events per day. Swimmers may enter more than four events each day, but may only compete in a maximum of four (4) events plus relays each day.**
- All 13-Over athletes will swim together, but will be awarded separately (13-14, 15-16, 17-18).
- Swimmers 19-over may swim for time only (no awards).
- All swimmers ages 12 and under should complete competition within four (4) hours.**
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.**
- If conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down to three events. **No refunds will be given except for mandatory scratch-downs.**
- The 500 Free events may be seeded fastest to slowest, alternating girls and boys heats, or may be swum in combined heats of girls and boys at the discretion of the Meet Referee. 500 Free swimmers are required to provide their own timers.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- All shelters must be properly secured.

- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar/meet operations.
- No pets are allowed on the pool deck other than working assistance animals.
- No tents will be allowed on the pool deck. No overnight parking at the CV Starr Center.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY: •Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

•Swimmers in the "A" Division must have met at least the "PC-A" time standard. Swimmers in the "B" Division must have met at least the "PC-B" time standard. Current PC-A and PC-B time standards can be found at www.pacswim.org/swim-meet-times/standards. All entry times slower than the "PC-B" time standard will be in the "C" Division.

•Entries with "**NO TIME**" **will be accepted.**

•Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.

•Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.

•Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met the time standards for the 17-18 age group.

•The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY FEES: \$2.75 per event, \$8.00 participation fee per swimmer. Relays: \$9 per team entry. Entries will be rejected if payment is not sent at time of request.

Make check payable to:

Mendocino Coast Sea Dragons (MCS D)

Mail with entries to:

MCS D Swim Meet Entries

PO Box 2939

Fort Bragg, CA 954373

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be entered using the current Pacific Swimming Consolidated Entry Card (attached). Entries must be postmarked by midnight, Monday, November 4, 2013 or hand delivered to 655 E. Pine St., Fort Bragg, CA by 6:00 p.m. Wednesday, November 6, 2013. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

ONLINE ENTRIES: To enter on-line go to <http://ome.swimconnection.com/pc/mcsd20131116> to receive an immediate entry confirmation this method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wed. November 6, 2013.

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: Any swimmers not reporting for or competing in an individual timed final event shall not be penalized.

AWARDS: Ribbons will be awarded for each age group to 1st through 8th place finishers in the A+, B, and C divisions. 13 and over events will be awarded as 13-14, 15-16, and 17-18. Relays will be awarded 1st -3rd place for each event. Swimmers 19-over and relay teams with swimmers 19-over will not be awarded. "A" medals will be awarded to swimmers achieving new PC-A times. Ribbons will be available for pickup by coaches or a team representative at the end of the meet. Ribbons not picked up will be mailed to the swimmers' team. **To facilitate mailing, please have a team representative provide a self-addressed stamped envelope at the check-in table.**

RELAYS: Relays will be 10-UN Boys, 10-UN Girls, 11-Over Boys, 11-Over Girls. Relay entries will be due at a time to be announced each day. Relays will be awarded 1st -3rd place for each event. "Exhibition" relays are welcome, but not eligible for awards.

ADMISSION: Free. A two-day meet program will be available for \$5.00.

REFRESHMENTS: A snack bar will be available serving hot breakfast, hot lunches, salads and other nutritious items and beverages. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers. Water dispensers will be available around the pool. Please bring refillable water bottles to the meet.

MISCELLANEOUS: Coaches will have table space and parents and swimmers will have limited space on the deck and in the bleachers, and outside areas will be available for tents. The CV Starr Center may be open for swimming and recreation after the meet; swimmers wishing to utilize the facility must pay for entry after the meet.

MINIMUM OFFICIALS RULE: One half hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the numbers of swimmers present against the number of Officials present representing each team. No more than 3 days after close of entries, Meet management (ref. or director) shall contact a representative from each team participating, and provide a preliminary inventory. Each team shall, by the start of the meet, provide the Meet Director or designee a list of Officials who have agreed to represent the team during the meet in accordance with the following table:

<u>Number of swimmers competing per team</u>	<u>*Number of trained and carded officials</u>
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

*Zone 3 Pacific Swimming will include Colorado, Intermediary/Chief Timing Judge, and Hytek-Computer into the count of officials for a session—these positions are not carded. Zone 3 Pacific Swimming will accept Trainees into the count of Officials into a session, so long as they are carded.

EVENTS

Saturday November 16, 2013			Sunday November 17, 2013			
Event #	Event	Event #	Event #	Event	Event #	
1	13-Over 200 FR	2	43	13-Over 200 BK	44	
3	11-12 200 FR	4	45	11-12100 BK	46	
5	9-10 200 FR	6	47	9-10 100 BK	48	
7	8-UN 50 FR	8	49	8-UN 50 BK	50	
9	13-Over 100 BR	10	51	13-Over 200 BR	52	
11	11-12 100 BR	12	53	11-12 200 IM	54	
13	9-10 100 BR	14	55	9-10 200 IM	56	
15	8-UN 25 BR	16	57	8-UN 50 BR	58	
17	13-Over 200 IM	18	59	13-Over 100 FR	60	
19	11-12 100 IM	20	61	11-12 100 FR	62	
21	10-UN 100 IM	22	63	9-10 100 FR	64	
23	*11-Over 200 Medley Relay	24	65	8-UN 25 FLY	66	
25	*10-UN 200 Medley Relay	26	67	11-Over 200 Free Relay*	68	
27	11-12 50 FLY	28	69	10-UN 200 Free Relay*	70	
29	9-10 50 FLY	30	71	11-12 50 BR	72	
31	8-UN 25 BK	32	73	9-10 50 BR	74	
33	13-Over 100 BK	34	75	13-Over 100 FLY	76	
35	11-12 50 BK	36	77	12-UN 100 FLY	78	
37	9-10 50 BK	38	79	8-UN 25 FR	80	
39	12-UN 500 FR	40	81	9-10 50 FR	82	
41	13 & OVER 500 FR	42	83	11-12 50 FR	84	
			85	13-Over 50 FR	86	

All 500 Freestyle swimmers must provide their own timers.

12-UN individual events will be swum together but scored and awarded 8-UN, 9-10, 11-12. 13-Over individual events will be swum together but scored and awarded separately as 13-14, 15-16, and 17-18.

*Relay teams will be 10-UN 11-Over. Exhibition relays are always welcome!

Use the following URL to find the time standards: www.pacswim.org/swim-meet-times/standards

