

CSA Fall League
Short Course Dual Meet
Saturday, November 16, 2013
Teams: MSJA and QSS



SANCTION: Sanctioned by USA/Pacific Swimming. Sanction # **13-216**

In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during conduct of this event. -

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO & VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

<i>Meet Referee:</i> Joe Woo	<i>Head Starter:</i> Phil Keslin
<i>Admin Official:</i> Mette Graverson	<i>Meet Marshal:</i> Jonathan Malapria
<i>Meet Director:</i> Izzy Real izzyr1105@sbcglocal.net / (510) 657-6752 or (510) 703-2830	

LOCATION: Ohlone College 43600 Mission Blvd., Fremont CA, 94539

From 680 South, take the Mission Blvd. Exit. At the lights make a left onto Mission Blvd. Take the Pine street entrance into Ohlone College (2ND entrance going south on Mission Blvd). Locker rooms with showers are available. Parking is available in lots K, N, O, and P. Parking Lot M, adjacent to the pool is reserved for coaches, officials, and handicap members. There will be a drop off area by the pool.

Parking is \$2.00 on Saturday and is enforced by campus police. Parking passes may be purchased at meters located at each parking lot. (\$2.00 exact change, or credit card is needed to purchase ticket) Overnight Parking is not permitted.

COURSE: Outdoor heated pool with 8 lanes available for competition, and 8 lanes available for warm up. Electronic timing equipment will be used. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 10'0" at the start end and 10'0" at the turn end. The competition course has not been certified in accordance with USA-S Article 104.2.2C (4).

TIME: Meet will begin at **9:00 AM** with warm-ups from **7:30 to 8:30 AM**. A special warm-up time for 8 and under swimmers only will be held from **8:30 to 8:50 AM**.

RULES:

- Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course.
- All events are timed finals.
- **Swimmers may compete in up to three (3) events, excluding relays.**
- All swim coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Glass containers of all kinds, sale and use of alcoholic beverages and tobacco products are prohibited in all areas of the meet venue defined as on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Except where the venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

- Team areas are located on lawn, stands and bleachers. Limited areas for coaches are next to the pool.

ELIGIBILITY: • Swimmers must be a member of MSJA or QSS. Swimmers who are unattached, but participating with a member team may enter a CSA dual meet.

- Each swimmer competing for his or her team must be a current member of USA-S. The meet host must check all swimmer registrations against the SWIMS database, and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Unattached swimmers may compete, but may not score team points. Unattached swimmers will be seeded the same as attached swimmers.
- Swimmers 19 years of age and over are eligible to compete in the meet in the 15-over events.
- Swimmers with NO TIME ('NT') entries will be accepted.

ENTRIES: Coaches will enter swimmers via the Hy-Tek or TU and email the Meet Director **by Wednesday, Nov 13, 2013 by 12:00 PM.**

Email entries to: lzyr1105@sbcglobal.net.

ENTRY FEES: \$25 per swimmer. Visiting team must bring a check in full payable to "Mission San Jose Aquatics" for visiting team entries.

CHECK-IN: The meet will be pre-seeded. There will be no check-in.

SCRATCHES: There is NO penalty for a swimmer entered in this meet that misses one of his/her events.

AWARDS: No awards will be presented for placing.

ADMISSION: Free.

REFRESHMENTS: Snack bar may be available.

PROGRAMS: No programs will be available for purchase.

TIMERS: Participating teams will be responsible for providing timers.

SCORING: Scoring will be done in accordance with USA Swimming rules. Scoring in individual events will be as follows: 1st place = 5 points; 2nd place = 3 points; 3rd place = 1 point. Scoring in relay events will be as follows: 1st place = 7 points; 2nd place = 0. Scoring will include boys & girls 8 & U; 9-10; 11-12; 13-14 and 15-over.

ORDER OF EVENTS

Head coaches from teams will determine the event line-up from the following event list.

Girls Event #	Age Group	Event	Boys Event #
1	15 & over	200 Medley Relay	2
3	13-14	200 Medley Relay	4
5	11-12	200 Medley Relay	6
7	9-10	200 Medley Relay	8
9	8 & Under	100 Medley Relay	10
		5 Minute Break	
13	9-10	200 Freestyle	14
15	11-12	200 Freestyle	16
17	13-14	200 Freestyle	18
19	15 & over	200 Freestyle	20
21	8 & Under	25 Freestyle	22
23	9-10	50 Freestyle	24
25	11-12	50 Freestyle	26
27	13-14	50 Freestyle	28
29	15 & over	50 Freestyle	30
31	8 & Under	100 Individual Medley	32
33	9-10	100 Individual Medley	34
35	11-12	100 Individual Medley	36
37	13-14	200 Individual Medley	38
39	15 & over	200 Individual Medley	40
41	8 & Under	25 Butterfly	42
43	9-10	50 Butterfly	44
45	11-12	50 Butterfly	46
47	13-14	100 Butterfly	48
49	15 & over	100 Butterfly	50
51	8 & Under	50 Freestyle	52
53	9-10	100 Freestyle	54
55	11-12	100 Freestyle	56
57	13-14	100 Freestyle	58
59	15 & over	100 Freestyle	60
61	8 & under	25 Backstroke	62
63	9-10	50 Backstroke	64
65	11-12	50 Backstroke	66
67	13-14	100 Backstroke	68
69	15-ov	100 Backstroke	70
		5 Minute Break	
73	8 & under	25 Breaststroke	74
75	9-10	50 Breaststroke	76
77	11-12	50 Breaststroke	78
79	13-14	100 Breaststroke	80
81	15 & over	100 Breaststroke	82
83	8 & under	100 Free Relay	84
85	9-10	200 Free Relay	86
87	11-12	200 Free Relay	88
89	13-14	200 Free Relay	90
91	15 & over	200 Free Relay	92