

# The Pacific Swimming Board of Directors Through The Investment Committee and Club Development

*present*

## The Pacific Swimming Grant Program



### The 2017 Athlete/Training Equipment Grant

In an effort to support our member clubs and to provide direct impact to our athletes, the Pacific Swimming Board of Directors offers the second grant in the quad series. The training equipment grant funds awarded will be based on the number of year-round athletes (see below), and will be allocated for the purpose of purchasing training equipment or training assistance for your athletes. Pacific Swimming would like to thank FINIS for supporting this grant.

#### Grant Overview (all)

Pacific Swimming will fund the following grants in sequence (below) through the first three years of each quad, with no grant for the Olympic year due to the additional funds needed for the Olympic Trials. The committee *will* evaluate possible grant options during that year given the budget and the state of the investment portfolio. The Grants, with examples, will be as follows:

<b>Facility/Meet Grant</b> <i>Year 1 of Quad - 2017</i>	<b>Athlete/Equipment Grant</b> <i>Year 2 of Quad - 2018</i>	<b>Coach Educ. Grant</b> <i>Year 3 of Quad - 2019</i>
<ul style="list-style-type: none"><li>• Competition enhancement</li><li>• Host Meet enhancement</li><li>• Safety enhancement</li><li>• Facility enhancement</li></ul> <p>• Examples: starting system, lane line, custom flags, snack bar necessity (BBQ), storage, team banners, record board, etc.</p>	<ul style="list-style-type: none"><li>• Training equipment</li><li>• Technology</li><li>• Video analysis</li><li>• Dryland equipment/program</li></ul> <p>• Examples: Finis training equipment, a Dr. G video session, a consultant, Bridge, med balls, underwater camera, TRX, etc.</p>	<ul style="list-style-type: none"><li>• Clinic reimbursement</li><li>• Educational materials</li><li>• Mentorship support</li><li>• Related coursework</li></ul> <p>• Examples: ASCA World Clinic, NorCal Clinic, USA-S regional clinic, educational materials, ASCA Life Membership, etc.</p>

#### Club requirements for Equipment Grant:

- Clubs shall be in good standing with Pacific Swimming, i.e., no outstanding obligations and current on registrations
- Clubs shall be represented at the May 6 or October 8, 2017 October House of Delegates meetings
- Clubs shall have working officials at a minimum of:
  - One official for clubs under 100 members
  - Three officials for clubs from 101 members to 200 members
  - Five officials for clubs over 200 members

*Note: a “working official” is one who has worked at least ten sessions per year and must be attached to the club during the qualification period of Sept 1, 2016, to August 31, 2017.*

**Grant awards will be as follows:**

- Clubs between 20 and 100 year-round members will receive \$1,000
- Clubs from 101 to 200 year-round members will receive \$1,250
- Clubs over 200 year-round members will receive \$1,500

*Note: clubs must have at least 20 year-round, attached athletes, and cannot be collegiate clubs.*

**To submit your grant request:**

**1. For FINIS Equipment**

- a. Please fill out the application and equipment order forms (page 3, 4 and 5)
- b. Email both the application and equipment request to Mary Ruddell at [treasurer@PacSwim.org](mailto:treasurer@PacSwim.org)
- c. Once your application has been approved, it will be forwarded to FINIS for fulfillment

**2. Non-FINIS training equipment**

- a. Fill out page 3 (application) with club info and items of interest
- b. Email to Don Heidary at [Don@orindaaquatics.org](mailto:Don@orindaaquatics.org) for approval and to Mary at [treasurer@PacSwim.org](mailto:treasurer@PacSwim.org) for club eligibility
- c. If approved, you may purchase the item(s) and submit proof of payment to [treasurer@PacSwim.org](mailto:treasurer@PacSwim.org) for reimbursement

**Application deadline is December 31, 2017**

**Questions can be directed to:**

- Mary Ruddell, Treasurer/Investment Committee Chair: [treasurer@PacSwim.org](mailto:treasurer@PacSwim.org)
  - Don Heidary, Club Development: [Don@OrindaAquatics.org](mailto:Don@OrindaAquatics.org)
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## **Reminder of Ongoing Support from Pacific Swimming**

In addition to the Grant Program outlined above, as a part of the Club Development/Coach Education Program, Pacific Swimming will continue to provide free access to all on-line video and audio content in the ASCA library (to ASCA members – coupon code is **pacificfree**), as well as a CD copy from the ASCA World Clinic with PDF's of all presentations (given out at long course JO's). Additionally, the USA Swimming Mentor Program will run on an ongoing basis, but will be limited in scope to a predetermined budget, and on a first-come, first-served basis. See **Mentor** information on the website. Additional coach support will be offered as well (below), including Russell Mark's seminar in October. In sum, ongoing support from Pacific Swimming will include:

- *Free unlimited access to ASCA's on-line library (video and audio)*
- *World Clinic CD (PDF's)*
- *ASCA membership to new coaches (first year only)*
- ***Russell Mark (USA Swimming High Performance Consultant) Seminar – Oct 7<sup>th</sup> 2017***
- *USA Swimming/ Pacific Swimming Coach Mentor Sponsorship (USA Swimming subsidy)*
- *Small Club Guide to Success (available in PDF or Power Point)*
- *Pacific Swimming Club Development is building a PDF “library” of supporting documents to help clubs and coaches*

## Pacific Swimming Athlete/Training Equipment Grant Application

<b>Club Name:</b>	
<b>Year-round (attached) members:</b>	
<b>Number of “qualified” officials:</b>	
<b>Head Coach/Contact:</b>	
<b>Name of representative at the May/Oct HOD Meeting (please circle date(s))</b>	
<b>Person placing order/contact</b>	
<b>Shipping address:</b>	

### Item or service to be purchased if other than FINIS

*Please provide an accurate description of the product or service and send this page only to Don for purchase approval and to Mary Ruddell, Pacific Swimming Treasurer, for club eligibility.*

For all FINIS orders, send this page and the following FINIS order form to [treasurer@pacswim.org](mailto:treasurer@pacswim.org)

# FINIS/PACIFIC SWIMMING EQUIPMENT ORDER FORM

**Grant Amount Total:** \_\_\_\_\_

**TEAM NAME:** \_\_\_\_\_




**CONTACT INFO:** \_\_\_\_\_

**SHIPPING ADDRESS:** \_\_\_\_\_

*Please allow 10% for tax and shipping*

*\* Size Charts found on page 5*

<b>Tempo Trainer Pro</b> 	<b>QUANTITY:</b>	<b>RETAIL PRICE: \$50</b>  <u><b>PAC SWIMMING PRICE: \$35</b></u>
<b>Agility Paddles</b> 	<b>QUANTITY / SIZES:</b>	<b>RETAIL PRICE: \$20</b>  <u><b>PAC SWIMMING PRICE: \$14</b></u>
<b>(NEW!) Iso Paddles</b> 	<b>QUANTITY / SIZES:</b>	<b>RETAIL PRICE: \$20</b>  <u><b>PAC SWIMMING PRICE: \$14</b></u>
<b>Edge Fins</b> 	<b>QUANTITY / SIZES:</b>	<b>RETAIL PRICE: \$55</b>  <u><b>PAC SWIMMING PRICE: \$39</b></u>
<b>Axis Buoy</b> 	<b>QUANTITY / SIZES:</b>	<b>RETAIL PRICE: \$22</b>  <u><b>PAC SWIMMING PRICE: \$15</b></u>
<b>(NEW!) Evo Monofin</b> 	<b>QUANTITY / SIZES:</b>	<b>RETAIL PRICE: \$79</b>  <u><b>PAC SWIMMING PRICE: \$56</b></u>

<b>Drag+Fly™ Swim Chute</b> 	<b>QUANTITY:</b>	<b>RETAIL PRICE: \$90</b> <b><u>PAC SWIMMING PRICE: \$63</u></b>
<b>Swim Parachutes</b> 	<b>QUANTITY / SIZES:</b>  Red- 8 inch Navy- 12 inch	<b>RETAIL PRICE: \$28</b> <b><u>PAC SWIMMING PRICE: \$20</u></b>
<b>Swimsense Live™</b> 	<b>QUANTITY:</b>	<b>RETAIL PRICE: \$50</b> <b><u>PAC SWIMMING PRICE: \$35</u></b>

AGILITY PADDLES			
SIZE	S	M	L
HAND CIRCUMFERENCE	7" (17.5 cm)	7"-8" (17.5 cm-20 cm)	8" or more (20cm or more)
VERTICAL LENGTH OF PADDLE	6.5" (160 mm)	7.25" (185 mm)	8" (205 mm)

\*Black dots on lower half of paddles show size:  
S (●), M (●●), L (●●●)

ISO		
SIZE	S	M
HAND CIRCUMFERENCE	7" (17.5 cm)	7"-8" (17.5 cm-20 cm)
VERTICAL LENGTH OF PADDLE	6" (152 mm)	6.8" (172 mm)

\*Black dots on lower half of paddles show size:  
S (●), M (●●)

EDGE							
SIZE (CODE)	S	M	ML	L	LL	XL	XXL
US MALE	5-6	7-8	8-9	9-10	10-11	11-12	13-15
US FEMALE	6-7	8-9	9-10	10-11	11-12	12-13	14-16
EURO	37.5-39	40-41	41-42.5	42.5-44	44-45	45-46.5	46.5-50

EVO SIZE CHART				
SIZE (CODE)	S (04)	M (05)	L (06)	XL (07)
US MALE	5.5-7	7-8.5	8.5-10	10-11.5
US FEMALE	7-8.5	8.5-10	10-11.5	11.5-13
EURO	37.5-39	39-42	42-44	44-45.5

\*Size up if you are between sizes or have wide feet